

# Ultrasound Guided Injections

## What is an ultrasound guided injection?

Ultrasound uses sound waves to see tissues deep beneath the skin. It allows the doctor to see into your body and make sure that the medicine is placed in the right area of your tissue or joint. Using ultrasound provides the most accurate and precise placement of medicine. This method is used to treat painful muscle and joint conditions like arthritis, sports injuries, nerve damage and degenerative disorders.

## What are my risks?

The 3 biggest risks of the procedure are pain, infection and bleeding. These risks will vary based on your health status.

## Procedure:

You will arrive at the Bronson Sports Medicine office on Turwill Lane. There is a room where ultrasound procedures are done. You will talk to the doctor and decide if you want to proceed with the procedure. You will be asked to sign a consent form stating the risks and benefits were discussed.

Next you will be taken to the room where you will get your injection. You will have your skin cleaned with before the procedure. The skin and tissues will be numbed with lidocaine. The doctor will then use the ultrasound to guide the needle to the tissues or joint. After the injection, the skin is cleaned and a bandage is placed over the injection site.



## What should I do after the injection?

How you will care for the site in which you were injected, depends on the medicine used and the area injected. The doctor will review what to do after your injection with you.

## Do I need to bring a driver?

In most cases, you will not need a driver. If you take any type of sedation before the procedure, you will need a driver to take you home. Talk to your doctor if you would like sedation medicine to help you relax. We will not have sedation medicine unless you request it.

## If you have any questions, please contact:

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