

Instructions for Phlebitis

What is my main problem?

Phlebitis happens when the inside wall of a vein is inflamed. Medicine, an IV catheter or germs can cause phlebitis.

Symptoms of Phlebitis

- Pink or red at the site
- Red streak
- Swelling
- Pain or burning
- Warmth
- Hard “cord” along the vein

What do I need to do?

Place a warm compress over the site for 10 minutes at a time. A cold compress may feel better. If so, place a cold compress over the site for 10 minutes at a time. Do this several times through the day.

Call my doctor if:

- It gets worse.
- I have a fever.
- I see drainage or pus.
- I have questions.

Why is it important for me to do this?

To help healing and prevent infection.

Physician/designee reviewing the instructions: _____

Date _____ Time _____

The instructions have been explained to me. I understand the instructions. All my questions have been answered. I have been given a copy of these instructions.

Signature: _____ Date: _____

- Patient
- Guardian
- Adult with the patient – Relationship: _____