

Moderate Sedation

The nurses, doctors and child life specialists at Bronson Children's Hospital help children through tests and procedures. Sedation medicine can ease pain and anxiety. All patients are sent to us by their doctor. We look at the child's medical record to see if sedation would help them. Some tests, like MRI, require the patient to be very still. Some of the procedures your child might need help with are:

- CT Scans
- MRIs
- Lumbar puncture.
- Joint aspiration.
- Colonoscopy.

Moderate Sedation

Moderate sedation is giving your child medicine so they are asleep or very relaxed. They can still breathe on their own. The doctors who care for children at Bronson Children's Hospital decide which medicine is the best for your child. The doctor looks at your child's age and what they are having done. Before your child is sedated, the doctor will talk to you about what is good and bad about sedation. The doctor and nurse are there during the procedure to care for your child. Our goal is to use as little medicine as possible to keep your child safe. We want your child to have little pain or stress.

There are a number of ways to get moderate sedation. The medicine can be swallowed, breathed in or given IV.

Diet Guidelines

An empty stomach is important for your child's safety during the sedation. Before your child comes for their procedure, they will need to stop eating and drinking. The staff will tell you when your child should stop eating solid foods and drinking clear liquids. Your child may not be able to have their procedure or test if they eat past the time they were told to stop.

The Procedure

The average appointment time is 3 hours. This includes prep time, procedure and recovery.

Child Life Specialists

Child life specialists are experts who are here to help your child cope with their medical procedure. They can prepare your child for their procedure using age appropriate words along with medical play. This can help your child view what is happening in a non-threatening way. A child life specialist can also help your child come up with a coping strategy to help them through

their procedure. It is the child life specialist's goal to help you and your child to have the most positive experience possible.

Family During Moderate Sedation

We ask that siblings and other family members remain home. Two adults may come with your child. One adult should be a parent or guardian of the child.

Cancelling an Appointment

Please call our office as soon as possible before the appointment to let us know if your child cannot come to the hospital when scheduled. This helps us to be able to see other patients who need to have their tests completed. Our office will call you a few days before your child's appointment to answer any questions. We want to make sure your child is healthy and does not have a cough, cold or flu symptoms. We will review the diet guidelines with you.

Parking

The closest parking is in the Garden Entrance parking lot. If no spaces are available in that lot, you may park in the Vine Street Parking ramp and enter the hospital on the ground floor level.

Contact Us

Please feel free to call our office with questions. You can leave a message if it is before or after our office hours of 8 a.m. to 4:30 p.m. Monday through Friday.

Pediatric sedation	269-341-6823
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