



Nerve Block for Leg Surgery

About The Procedure

- ❖ Nerve blocks are used to reduce pain after surgery. Numbing medicine is injected around nerves that cause pain. Nerve blocks may reduce your need for pain medicine (narcotics) at home.
- ❖ This nerve block is an injection just below the groin area. It can be as a one time injection. Or you may have a small tube under the skin to deliver constant medicine to the area. Ultrasound is used to make sure the medicine gets to the right area.
- ❖ The nerve block is done before you go to surgery and takes about 15 minutes.
- ❖ Your anesthesiologist will explain the procedure and answer questions before surgery. They will also monitor your pain relief after surgery.

What To Expect During and After Your Nerve Block

- ❖ You will get a medicine in your IV to help you relax during the nerve block.
- ❖ Your family will wait in the waiting room. They can come back after the block is done, if you wish.
- ❖ Your nerve block will relieve up to 80% of your pain after surgery. Your knee may feel numb.
- ❖ Walking after your surgery is okay but must be done with help. **DO NOT TRY TO GET UP OR WALK ALONE.** Your leg may be weak and you will not be able to walk as well. You may need to use crutches or a walker after surgery.
- ❖ If you had a one time injection, pain relief will last up to 18-24 hours. If a small tube was left in your groin you will receive constant medicine through the tube. The tube will be removed before you go home.