



# Nerve Block for Leg Surgery

## About The Procedure

- ❖ Nerve blocks are used to reduce pain after surgery. Numbing medicine is injected around nerves that cause pain. Nerve blocks may reduce your need for pain medicine (narcotics) at home.
- ❖ This nerve block is an injection just behind your knee. Ultrasound is used to make sure the medicine gets to the right area.
- ❖ The nerve block is done before you go to surgery and takes about 15 minutes.
- ❖ Your anesthesiologist will explain the procedure and answer questions before surgery. They will also monitor your pain relief after surgery.

## What To Expect During and After Your Nerve Block

- ❖ You will get a medicine in your IV to help you relax during the nerve block.
- ❖ Your family will wait in the waiting room. They can come back after the block is done, if you wish.
- ❖ Your nerve block will relieve up to 80% of your pain after surgery. Your lower leg may feel numb.
- ❖ You may have trouble lifting the front part of your foot. This will go away as the block wears off.
- ❖ Walking after your surgery is okay but must be done with help. **DO NOT TRY TO GET UP OR WALK ALONE.** Your leg may be weak and you will not be able to walk as well. You may need to use crutches or a walker after surgery.
- ❖ Your nerve block pain relief will last up to 18-24 hours.