



Nerve Block for Knee Surgery

About The Procedure

- ❖ Nerve blocks are used to reduce pain after surgery. Numbing medicine is injected around nerves that cause pain. Nerve blocks may reduce your need for pain medicine (narcotics) at home.
- ❖ This nerve block is an injection just behind your knee. Ultrasound is used to make sure the medicine gets to the right area.
- ❖ The nerve block is done before you go to surgery and takes about 15 minutes.
- ❖ Your anesthesiologist will explain the procedure and answer questions before the block is done. They will also monitor your pain relief after surgery.

What To Expect During and After Your Nerve Block

- ❖ You will get a medicine in your IV to help you relax during the nerve block.
- ❖ Your family will wait in the waiting room. They can come back after the block is done, if you wish.
- ❖ Your nerve block may relieve up to 80% of your pain after surgery. You may be numb behind your knee.
- ❖ Walking after your surgery is okay but must be done with help. **DO NOT TRY TO GET UP OR WALK ALONE.** Your leg may be weak and you will not be able to walk as well. You may need to use crutches or a walker after surgery.
- ❖ Your nerve block pain relief will last up to 18 hours.