



# Nerve Block for Chest or Breast Surgery

## **About The Procedure**

- ❖ Nerve blocks are used to reduce pain after surgery. Numbing medicine is injected around nerves that cause pain. Nerve blocks may reduce your need for pain medicine (narcotics) at home.
- ❖ This nerve block is an injection between the breast and shoulder. Ultrasound is used to make sure the medicine gets to the right area.
- ❖ The nerve block is done before you go to surgery and takes about 15 minutes.
- ❖ Your anesthesiologist will explain the procedure and answer questions before the block is done. They will also monitor your pain relief after surgery.

## **What To Expect During and After Your Nerve Block**

- ❖ You will get a medicine in your IV to help you relax during the nerve block.
- ❖ Your family will wait in the waiting room. They can come back after the block is done, if you wish.
- ❖ Your nerve block may relieve up to 80% of your pain after surgery. Your breast and upper chest areas may feel numb.
- ❖ Your pain relief lasts up to 18-24 hours.