



Medicines While on the Ketogenic Diet

Many medicines contain carbohydrate. Your child's usual medicines will be made without carbohydrate specifically for him. There may be times when your child needs an antibiotic or a pain reliever. Medicines that are approved on the ketogenic diet are listed below.

ANTIBIOTICS:

- Amoxicillin (Amoxil) 250mg or 500mg capsule
- Amoxicillin (Trimox/Polymox) – 250mg or 500mg capsule
- Ampicillin (Wymox) – 250mg or 500mg capsule
- Ampicillin (Principen/Polycillin) – 250mg or 500mg capsule
- Ampicillin (Totacilin) – 250mg or 500mg capsule
- Augmentin - 250mg or 500mg tablet
- Cefaclor (Ceclor) – 125mg, 187mg, 250mg, 375mg/5ml powder for oral suspension
- Cefadroxil (Duricef) – 500mg capsule
- Cefixime (Suprax) – 200mg or 400mg tablet
- Cefpodoxime proxetil (Vantin) – 100mg or 200mg tablet, 50 mg/5ml and 100mg/5ml granules for oral suspension
- Cefprozil (Cefzil) – 250mg or 500mg tablet
- Cephalexin (Keflex) – 125mg or 250mg or 500mg tablet
- Clarithromycin (Biaxin) – 500mg tablet
- Dicloxacillin sodium (Dycill) – 500mg capsule
- Erthromycin base (PCE Dispertab) – 500mg tablet
- Erthromycin base (ERYC) – 250mg delayed release

PAIN RELIEVERS

- Tylenol Junior Caplet – 160 mg tablet
- Tylenol regular strength caplet – 325mg tablet
- Tylenol extra strength caplet – 500mg tablet
- Motrin – 800mg tablet
- Aleve – 200mg tablet
- Anaprox - 250mg tablet
- Naproxen – 250mg, 375mg, and 500mg tablet
- Tylenol suppositories
- Children's chewable Tylenol tablet – 80mg