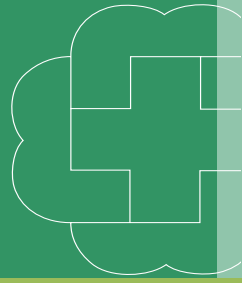


Medical Marijuana and Your Baby

What You Need to Know



Medical marijuana is legal for adults 18 + in Michigan with a valid medical marijuana card issued by the state. ***Using marijuana is harmful to unborn babies, infants and children.***

Pregnant & breastfeeding women should not use marijuana in any form. Talk to your doctor or ask to speak with a social worker if you need help to stop using marijuana.

Know the Facts:

- Using marijuana while pregnant or breastfeeding passes THC to your baby. This is the chemical in marijuana that makes you feel “high”. It is harmful to your baby’s development. It can even make it harder for your child to do well in school when they get older.
- ***There is no known safe level of marijuana use during pregnancy.***
- THC stays in the body much longer than alcohol. The “pump and dump” method for breast milk is not safe. THC can still be passed to your baby.

Safe Parenting Practices

- Marijuana should be stored in a locked area away from children.
- ***Being “high” or “buzzed” while caring for your child is not safe.***
- Do not sleep with your baby. You may sleep harder than usual and not be able to wake up if you have used marijuana.
- Do not let your child ride in a car if the driver is high. It will impact the driver’s attention span, reaction times and vision.
- Do not smoke or vape inside your home or around your child. Second hand smoke is harmful to your child.
- Second hand smoke left on fabric and hard surfaces in your home can even be harmful to your child.

If your child may have swallowed marijuana, call Poison Control at **1-800-222-1222**, call **9-1-1** or take your child to the closest ER.

Oregon Health Authority <http://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/MARIJUANA/Documents/OHA-9002-marijuana-and-your-baby.pdf>

Centers for Disease Control and Prevention <https://www.cdc.gov/marijuana/factsheets/pregnancy.htm>

Marijuana and Your Baby https://www.colorado.gov/pacific/sites/default/files/MJ_RMEP_Factsheet-Pregnancy-Breastfeeding.pdf