

## Instillation of Chemotherapy Into the Bladder

You are about to receive medicine into your bladder. This is done by inserting a catheter into the opening of the urethra (where urine comes out of your body), then into the bladder. When the catheter is in the bladder, the medicine will be passed through the catheter into the bladder. This is called a bladder instillation.

### You will get:

\_\_\_ Tice BCG – once a week for \_\_\_ weeks.

\_\_\_ Mitomycin – once a week for \_\_\_ weeks.

\_\_\_ Docetaxel – once a week for 6 weeks then monthly for 9 months.

### Before Your Treatment

- Do not drink fluids for at least four (4) hours before you receive your treatment.
- Be prepared to provide a urine sample after arrival.
- Let us know if you have felt feverish, tired, or had chills since your last treatment.
- You can expect some blood off and on in your urine. If you see blood the day of your instillation call and tell your Urology office. Your instillation may need to be delayed.
- Please be on time for your treatment.

### During Treatment

- The medicine will be instilled into your bladder through the catheter.
- In most cases, the catheter will be removed from the bladder after the instillation is completed.
- The medicine should be held in your bladder for two hours to get the best results.
- You need to change your position from side to side and back to front every 15 minutes while the medicine is in your bladder. Most patients are able to go home and complete this.

## After Treatment

After you have kept the medicine in your bladder for the past two (2) hours:

- Sit down on the toilet to urinate and fully empty bladder (both men and women).
- Wash your hands and genital areas thoroughly after you urinate. Mitomycin or docetaxel can burn or irritate the skin. All drugs need to be washed off your skin.
- Drink plenty of fluids after you have emptied your bladder. This will help flush out your bladder.
- Any urine soiled laundry should be placed in the washer right away. These items should not be washed with other laundry for the next 48 hours. If you cannot wash the clothes right away, tie it in a bag until you can wash it separately.

### For BCG only:

- **BEFORE** urinating, you MUST pour two (2) cups of household bleach (Clorox or equivalent) into the toilet then close lid after urinating.
- Let the urine and bleach mixture stay in the toilet for 15-20 minutes before flushing.
- Repeat the above process each time you urinate for six (6) hours after each treatment.

## Until Your Next Treatment

You may have some burning the first couple of times you urinate after your treatment. If this occurs, you need to increase your fluid intake. You should be drinking 6 to 8 eight ounce glasses of liquid each day for the next 48 hours. Your urine should be pale yellow.

### Call Your Doctor if You Have:

- Continued pain or burning on urination.
- Urgency or frequency of urination.
- Bright red blood or clots in the urine.
- Joint pain.
- Coughing.
- Skin rash.
- Fever and chills can occur. Please check your temperature and call if it is greater than 100.4.
- Continued fatigue or flu-like symptoms lasting longer than 48 hours.

For any of the above symptoms please call \_\_\_\_\_  
at **Urology Associates of Battle Creek 269-788-6888.**

Bronson Battle Creek Cancer Care Center 269-245-8660