

## Imaging Aspiration

An image guided aspiration or drainage is a procedure where a needle is placed into the body to remove fluid from an area where it does not belong. The fluid collected can help make a diagnosis or rule out conditions such as cancer or infection. The provider will clean the skin over the area and a numbing medicine will be injected in the skin through a small needle. You will feel a pinch as the numbing medicine is injected. A small needle will be put into the numbed area of skin. You may feel some pressure when this happens. Once the needle is in the right place, the fluid will be collected. The needle will then be removed and a bandage will be placed on the site.

### Activity:

- Avoid bending at the site until the morning after the procedure.
- Avoid strenuous activities and lifting more than 10 pounds for 48 hours.

### Puncture site:

- Check your puncture site for bleeding or swelling each day. A small bruise and tenderness is normal for 1 to 2 days.
- Keep the puncture site clean and dry for 3 days.
- You may shower the day after the procedure.
- Remove the bandage after 24 hours and replace if you think it is needed.
- Do not submerge the site in water (pool, bath, or hot tub) for 7 days or until fully healed.

### Medicines and pain management:

- You may resume your normal medicines.
- Soreness, swelling, or bruising around the injection site is normal.
- Mild numbness, tingling, or weakness around the injection site may last a few hours after the injection.
- The injection may cause pain for 1 to 2 days. Take prescription or over the counter pain medicine as directed by your caregiver.

**Call the provider who ordered the test if you have:**

- A major change in your pain.
- Signs of infection at the injection site, such as increased redness or swelling, warmth, worsening pain, bleeding, or foul-smelling drainage.
- Chills or an oral temperature above 100.4 °F (38 °C).

**Get care right away if:**

- You are not able to walk or move your arms or legs.
- You have trouble breathing.

**Additional Information**

**Not Smoking** is very important to your recovery and health. If you smoke, **Please Stop**. Information and support to help you quit is available from your doctor, nurse, or contact Bronson Health Answers at (269) 341-7723.

For best care:

1. **Always** carry an updated medicine list with you.
2. Keep your primary care doctor updated.
3. Use **one** pharmacy to fill your prescriptions.