

Droplet and Droplet Plus Precautions Education Plan

What I Need to Learn About Droplet or Droplet Plus Precautions

I will be able to tell the staff:

1. What Droplet or Droplet Plus precautions are.
2. Why I have been placed in Droplet or Droplet Plus precautions
3. What the hospital staff will do while I am in Droplet or Droplet Plus precautions.
4. What my visitors will do while I am in Droplet or Droplet Plus precautions.
5. What I will do while I am in Droplet or Droplet Plus precautions.

The staff will use three questions and answers to teach me about Droplet or Droplet Plus Precautions:

- What is my main problem?
- What do I need to do?
- Why is this important to me?

The staff will ask me to repeat back important points in my own words, or ask me to show them what I have learned. They want to make sure that I understand Droplet or Droplet Plus Precautions.

What is my main problem?

I may have an infection that could be harmful if spread to other patients, staff or my visitors. This infection may be spread by coughing, sneezing or talking. This infection may also be spread when people touch things around me.

What do I need to do?

I will tell the staff what Droplet or Droplet Plus Precautions are.

- Droplet or Droplet Plus precautions are rules that are followed by me, the staff and my visitors while I am in the hospital.
- Droplet or Droplet Plus precautions are a way of stopping the spread of germs from person to person.

I will tell the staff why I have been placed in Droplet or Droplet Plus precautions.

- I have been placed in Droplet or Droplet Plus precautions because I may have an infection caused by germs that are hard to treat. These germs may be spread to others when I cough, sneeze or talk. These germs may be spread when people touch me or the things around me.
- I have been placed in Droplet or Droplet Plus precautions to stop the spread of germs to other patients, staff and my visitors.

I will tell the staff what they will do while I am in Droplet or Droplet Plus precautions.

- A green “Droplet or yellow Droplet Plus Precautions” sign will be placed outside my door.
- Hospital staff will wash their hands or use hand sanitizer when entering and leaving my room.
- Staff will wash their hands before and after providing care.
- Hospital staff will wear gloves, a mask, eye protection and an isolation gown when in my room.

I will tell the staff what my visitors will do while I am in Droplet or Droplet Plus precautions.

- My visitors will wash their hands or use hand sanitizer when they enter and leave my room.
- My visitors should not enter my room if they are sick.
- My visitors should not bring items into or out of my room.
- My visitors will wear an isolation gown, a mask, eye protection and gloves when in my room.
- When I am having certain treatments done, my visitors will have to leave my room during and for at least an hour after my treatment.
- If I am in droplet plus isolation, my visitors:
 - Will not go to other common areas in the hospital like a waiting area or the Sky Court Cafe.
 - Will get meals delivered to my room from food service for a fee.
 - Will use the restroom in my room.

Commented [JW1]: Is this still true?

I will tell the staff what I will do while I am in Droplet or Droplet Plus precautions. I will:

- Wash my hands or use hand sanitizer often.
- Wash my hands or use hand sanitizer before eating.
- Wash my hands or use hand sanitizer after coughing or sneezing.
- Cover my mouth and nose with a tissue when I cough or sneeze.

- Put my used tissue in the waste basket.
- Put on a mask when staff enter my room.
- Put on a mask to protect others whenever I leave my room.
- Remind the staff to wash their hands or use hand sanitizer if I do not see them do this.
- Remind my visitors and staff to follow Droplet or Droplet Plus precautions in my room.

Why is this important to me?

I have an infection that could be harmful if spread to others. I need to help stop the spread of this infection.

As part of my care I may also receive the following:

- My own personal bottle of hand sanitizer.

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Resources for Staff

- Infection Prevention Department: 341-6317
- Bronson Manuals – IP O-01
<https://nxt1.bronsonhg.org/NXT/gateway.dll?f=templates&fn=default.htm&vid=BHG:bmh>
- [Isolation Precautions](#)- Nursing Reference Center Plus
- [Droplet Precautions](#)- CDC Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic

Teaching Tools

- Droplet and Droplet Plus Precautions Education Plan

References

- APIC Infection Prevention Manual for Hospitals, 2010 Edition, ICP Associates, INC-Gail Bennett RN, MSN, CIC
- Bronson Manuals – IP O-01
<https://nxt1.bronsonhg.org/NXT/gateway.dll?f=templates&fn=default.htm&vid=BHG:bmh>
- [Isolation Precautions](#)- Nursing Reference Center Plus
- [Droplet and Droplet Plus Precautions](#)- Lippincott's: Nursing Procedures- 6th Ed.

Always close each teaching session with the question, “What questions do you have for me?”

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Last revision date: May 2015; April 2020; June 2021

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