

Discharge Do Not Resuscitate (DNR) Order Education Plan

Getting Ready to Learn About Discharge Do Not Resuscitate (DNR) Order
Learning something new can be hard. It is even harder if you are not feeling well.
The purpose of this education plan is for you and the staff to review the
information together. Here are some good things to tell the staff:

- Who you want to learn with you. We would like to have someone who will be helping you at home learn with you.
- The best way for you to learn. Do you learn best by reading a book or pamphlet, or by doing things yourself?
- If you are not feeling well, if you are in pain or you cannot focus on learning right now.

This information will help you make sure your wishes are followed. We may explain something more than once. We will be giving you information in small bits over several days. If there is something you don't understand **it's OK to ask** us to explain.

What I Need to Learn About the Discharge Do Not Resuscitate (DNR) Order

By the time I leave the hospital, I will be able to tell the staff:

1. How I can let the EMS staff outside the hospital know that I do not want to be resuscitated.
2. What I can do if I do not want to use the Do Not Resuscitate (DNR) order form.
3. How I can stop the Discharge DNR Order.
4. Who I should talk to if I have questions?

The staff will use three questions and answers to teach me about the Discharge Do Not Resuscitate (DNR) Order:

1. What is my main problem?
2. What do I need to do?

3. Why is this important to me?

The staff will ask me to repeat back important points in my own words. They may ask me to show what I have learned. They want to make sure that I know how to take care of myself.

What is my main problem?

I need to tell EMS staff outside the hospital that I do not want to be resuscitated.

What do I need to do?

I will be able to tell the staff how I can tell EMS staff outside the hospital that I do not want to be resuscitated.

Where I will keep the Do Not Resuscitate (DNR) Order

- I should keep the signed DNR Order Form with me all the time.
- At home, I will put a copy of the signed DNR Order Form on my refrigerator.
- If I travel outside of my home I should keep a copy of the form with me.

Who I will tell about the DNR Order

- I should tell my friends, family members, and others who are usually with me about the DNR Order.
- They should all know where I will keep the signed form.

I will be able to tell the staff an alternative to the DNR Order form

If I don't want to keep the signed form with me at all times I can wear a Do-Not-Resuscitate Identification Bracelet.

- The bracelet must have the following:
 - The words "Do Not Resuscitate Order"
 - My name and address
 - The name and telephone number of my doctor

- I can use any bracelet that includes this information. I can buy a bracelet on line, at a pharmacy and at other places that sell medical alert bracelets.

I will be able to tell the staff what I need to do to stop the Do Not Resuscitate (DNR) Order.

- I or my advocate can stop this order at any time in any way.
 - I can tell my doctor that I want to stop this order.
 - I can tell the EMS staff that I want to stop this order.
 - I can tear up the (DNR) Order form.
 - The person I appoint as my Patient Advocate can tell my doctor or the EMS staff that I want to stop this order. I can appoint my patient advocate by signing an Advanced Directive for Healthcare.

I will be able to tell the staff what I can do if I have questions.

If I have questions, I should ask my doctor.

Why is this important to me?

Following these directions will help make sure that my wishes are followed.

As part of my care and to help me understand the Discharge Do Not Resuscitate Order, I will receive:

- Discharge Do Not Resuscitate (DNR) Education Plan
- Completed Discharge Do Not Resuscitate order form signed by all parties.

Discharge Do Not Resuscitate (DNR) Order Education Plan

Resources for Staff

- Nursing E-10 Discharge DNR Order Procedure
- Do Not Resuscitate- Medline Plus

Teaching Tools (Items given to the patient)

- Discharge Do Not Resuscitate (DNR) Order Education Plan
- Completed Discharge Do Not Resuscitate order form signed by all parties.

References:

- State Model Do-Not-Resuscitate Orders, September 2004
- Anne Cavanagh, MD; James Falahee, JD
- Do Not Resuscitate- Medline Plus

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Always close each teaching session with the question, “What questions do you have for me?”

***This page is intended for staff use only. Do not give to the patient. This document is not a part of the permanent medical record.**