

## Care of Your Bandages

Proper care of your bandages is important. They need to remain in good condition to provide the proper compression.

1. All brown bandages should be washed one time a week.
2. Tubular stockinets should be washed after removing them from the legs or arms. Put on clean, dry stockinet with each new wrapping.
3. Bandages (wraps) should be washed in cold or lukewarm water using a mild liquid detergent. Powder soaps can cling to the bandages and cause irritation to the skin.
4. Use a lingerie bag or zippered pillowcase for washing bandages in the washing machine. Unwind the bandages and only put 2 bandages in a bag.
5. Drying bandages can be completed in many ways: the dryer, hanging them over a towel bar or laying them flat. Avoid direct sunlight.
6. DO NOT iron or cut the bandages at any time.
7. DO NOT use the metal clips to fasten the bandages. The clips make holes in the bandages and may scratch your legs. Masking tape may be use to hold the bandage in place. NEVER use duct tape.