

Bronson Breast Health Imaging

Patient Pre-Procedure Instructions

Before the procedure

- Please shower with antibacterial soap, such as Dove Care and Protect or Dial, before the procedure.
- Eat a meal that includes protein, such as peanut butter, eggs, chicken or tuna, yogurt or cheese.
- We suggest you wear dark colored clothing to avoid visible stains if fluids leak. Also wear a loose fitting top as you may be wearing an ace wrap with an ice pack home.
- Do not wear any deodorant, lotions, or powders.
- Take your usual medicines, except blood thinners, unless told not to take them.
- Bronson Breast Health Center on the 5th floor of the Medical Office Pavilion or the Bronson Battle Creek Mary Coleman Center.
- A family member or friend may bring you. They will be asked to wait in the waiting room during your procedure. You can drive yourself if you wish. Plan to be here 2-3 hours.
- Bring your insurance cards with you.

After the procedure

- Have Tylenol (acetaminophen) and ice packs or ice bags at home for use after the procedure.
- You will need to ice your biopsy site for at least 8 hours following the procedure. Apply ice pack on top of the dressing for 30 minutes at a time. Wait another 30 minutes before reapplying.
- It may be helpful to wear a soft, supportive bra.