



HelpNet  
Employee Assistance Programs and Work Life Services with a clear distinction.

Our commitment is seen in our approach and delivery.

**FREE Confidential Counseling for You, Your Dependents, and Your Household Members PLUS Other Great Services!**

<p><b><u>Counseling</u></b></p> <p>If you are worried about your family, personal life or work, call HelpNet!</p>	<ul style="list-style-type: none"> <li>• Free, confidential counseling for you, spouse, dependents, and household members.</li> <li>• A counselor will talk to you about your concerns and together you will decide the primary issues to be resolved.</li> <li>• If caught in the early stages, many problems can be handled in the HelpNet office in just a few sessions.</li> <li>• Our therapists are Master’s prepared and we have a network of therapists throughout Michigan for your convenience.</li> <li>• Call us at 1-800-523-0591 to make your appointment today.</li> </ul>
<p><b><u>Work Life Web Site</u></b></p> <p>Looking for additional resources to help you or a family member, simply check out HelpNet’s WLW!</p>	<ul style="list-style-type: none"> <li>• Comprehensive library of support topics including parenting, wellness, career development, consumer tips, and more.</li> <li>• Personalized login capability.</li> <li>• Online forums to connect with co-workers and peers on many topics.</li> <li>• Access to informative live or archived webinars.</li> <li>• Access to over 4,000 continually updated content items.</li> <li>• Log on and see what the Engagement Engine can do for you, it’s easy: Helpneteap.com click on Work Life Login Username: Cowboy</li> </ul>
<p><b><u>Financial Assist</u></b></p> <p>If you have questions about a financial issue, speaking with a financial expert can help!</p>	<ul style="list-style-type: none"> <li>• Free consultation with a financial counselor for you or your family members.</li> <li>• No appointment needed during regular business hours Monday through Friday. Saturday appointments available.</li> <li>• Online financial calculators, library of articles, and do-it-yourself tools to manage finances are also available.</li> <li>• PocketSmith feature is a calendar based software program to plan and achieve financial goals.</li> <li>• Call us at 1-800-523-0591 to make your appointment today or visit the Financial Center on the Work Life Web Site.</li> </ul>
<p><b><u>Legal Assist</u></b></p> <p>If you have questions about a legal issue, speaking with expert legal counsel can help!</p>	<ul style="list-style-type: none"> <li>• Free 30 minute consultation with an attorney by telephone or in person.</li> <li>• In most cases, discounted services available if you need additional legal support.</li> <li>• Nearly 100 do-it-yourself legal forms including basic wills.</li> <li>• Library of hundreds of legal articles and tip sheets.</li> <li>• Call us at 1-800-523-0591 to make your appointment today or visit the Legal Center on the Work Life Web Site.</li> </ul>