

Bronson Employee Health Care Management



Connect Today with Your Registered Nurse Health Coach

As part of Bronson's health insurance (ABS) benefits, employees and their covered dependents are eligible for care management services with support from a registered nurse health coach.

Your health coach will help you and your dependents manage chronic health conditions, navigate the health-care system and/or find a Bronson primary care provider.

Your health coach will:

- Provide education on disease management and self-management for conditions like diabetes, heart disease or asthma. For example, the registered nurse health coach can help you manage diabetes by providing education on diet and managing medicines.
- Help you plan your care, including setting and tracking personal health goals. For example, the health coach might help you track your blood pressure and provide tips to lower it.
- Coordinate care between different providers and healthcare systems.
- Connect you to community resources such as home health services, transportation and more.
- Help you understand your medicines.

Support from your health coach is conveniently provided to you over the phone; in person appointments are not needed. All services are free.

Benefits of this program include:

- Fewer hospitalizations and emergency department visits.
- Greater confidence in self-managing your health.
- Customized plans to help you reach your health goals.
- Support that will help you function better.

Our health coach can help you and your family with many healthcare needs. Call (269) 341-8777 to learn more.

Contact our Coaches

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Our health coaches can help you and your family with many healthcare needs more.